



**पूर्वोत्तर इंदिरा गांधी क्षेत्रीय स्वास्थ्य एवं आयुर्विज्ञान संस्थान, शिलांग**  
**NORTH EASTERN INDIRA GANDHI REGIONAL INSTITUTE OF HEALTH & MEDICAL SCIENCES, SHILLONG**  
 (भारत सरकार, स्वास्थ्य एवं परिवार कल्याण मंत्रालय, स्वायत्त संस्थान)  
 (An Autonomous Institute, Ministry of Health and Family Welfare, Government of India)  
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**ESTT-I-APAR0GRA/1/2025-Estt.I Dated Shillong the ... 2026**

**Subject: Extension of last date for Mandatory Course Completion and Comprehensive Assessment on the iGOT Karmayogi portal for APAR March ending 2025-2026- Regarding.**

**Circular**

In continuation to this Institute's Office Order of even numbers **dated 17.11.2025** and **22.1.2026** and on the approval of the competent authority, the last date for completion of the above course has been extended to **30.04.2026**.

The course on “ **Improving Outreach and communication for Vikshit Bharat**” has been included in place of “ **Yoga Break at Workplace**” for **Pay Level 12 and above**.

**(D.T. Umdor)**  
**Superintending Engineer &**  
**Deputy Director (Admn) i/c**

**ESTT-I-APAR0GRA/1/2025-Estt.I Dated Shillong the ... 2026**

Copy for information and wide circular among the Faculty, Officers, Staff working under their incharge :

1. The Dean/Medical Superintendent, NEIGRIHMS, Shillong.
2. All the HODs/HODs i/c , NEIGRIHMS, Shillong.
3. The Superintending Engineer, NEIGRIHMS, Shillong.
4. The Principal College of Nursing, NEIGRIHMS, Shillong.
5. All Sections Heads in Admn. Block/Hospital/Nursing /Central library etc. NEIGRIHMS, Shillong.
6. The Programmer, IT Cell with a request to upload in the Institute's website.
7. The P.S. to Director, NEIGRIHMS, Shillong for kind information of the Director.

**(D.T. Umdor)**  
**Superintending Engineer &**  
**Deputy Director (Admn) i/c**